



SACRED HEART PARISH
Sunday 5th July 2026
14th of Ordinary Time



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP
Email: sacredheart@downandconnor.org
Phone: 028 9075 1543
Hours open: 9am-2pm , Mon, Tues, Wed, Fri
Parish Support Officer: Cathy Carroll
Sacristan: Collette Delaney
Acolyte: Thomas Liddy
Parish Webpage: <https://www.sacredheartparishbelfast.com>
Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Vigil Sean McAleenan Snr & Sean McAleenan Jr, Anniversary Mass

Sunday Masses: 9:30am: Andrea Lawless, Anniversary Mass
11:30am: John & Jinny McNeill, Anniversary Mass

Weekday Masses: Tuesday 7:00pm: Novena Betty Murray, Month's Mind Mass
Wednesday 10.00am:

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.
Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~

Please contact the Parish Office to arrange.

~Upcoming Feast Days~

4th July
St Elizabeth of Portugal

6th July
St Maria Goretti

8th July
St Killian

~Recently Deceased~



Annmarie Harper
Mayor Olukoya
Noleen Moyles
Thomas McCann

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Lorraine Corbett
Patrick & Annie Hamill
The MacQuillan Family



A Donation of £5 per candle is greatly appreciated

~Weekly Collection~
£1372.34

The Parish Thanks You
For Your Kindness And Generosity

~Anniversaries~

Lorraine Corbett
Danny Bartt



We pray for all those
whose anniversaries occur at this time.

Eternal rest grant unto them, O Lord

~Baptisms

Welcome into our
community

Jamie Hutchman
Emily Tierney



~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY

DO GOOD, FEEL GREAT!

NI Hospice Support Groups

START A HOSPICE FUNDRAISING SUPPORT GROUP!

CARE STARTS WITH YOU!

SCAN TO HELP US CARE FOR LOCAL PEOPLE



Meet new people, make lasting friendships and help raise vital funds for Northern Ireland Hospice and Children's Hospice.

Whether it's organising a coffee morning, helping at an event or bringing new fundraising ideas to life, every contribution helps local families receive the care and support they need.

Why Join?

- Meet new people
- Have fun in your community
- The opportunity to support families in your local community
- Make a real difference
- Be part of something special

What is a Hospice Support Group?

Northern Ireland Hospice Support Groups are made up of passionate local volunteers who come together to organise fundraising events and activities within their communities.

From coffee mornings and quiz nights to bucket collections and community events, these groups play a vital role in raising the funds needed to support Northern Ireland Hospice and Children's Hospice services across the region.

It costs more than **£21 million** every year to provide our specialist care, and with only a small portion of this funded by government, we rely heavily on the generosity and dedication of our supporters. Without our incredible Support Groups, we simply couldn't be there for local patients and families when they need us most.

By joining an existing group or starting one in your area you'll be helping to ensure that every family facing a life-limiting illness can access the compassionate care and support they deserve.

Every pound raised stays right here in Northern Ireland, supporting your local Hospice and helping us make every moment matter.

nihospice.org     **Head Office, 18 O'Neill Road, Newtownabbey, BT36 6WB**  

GOOD PEOPLE. GREAT CAUSE.

Start a support group in:

- Newtownabbey/ North Belfast
- South Belfast
- County Down
- Armagh



Don't see your area?

Start a Support Group Near You!

We'll provide all the guidance, resources and support you need.

Scan here to get involved today.



Bishop Alan & Dr Abigail Favale – Conversation on the Ordination of Women. A very honest and open conversation with Bishop Alan and Dr Abigail regarding the conversation around ordaining Women. It can be viewed on the Diocesan Website, Facebook or YouTube. Link to video -[Conversation between Bishop Alan McGuckian and Dr Abigail Favale.mp4](#). A must watch!

Pope Leo's Prayer Intentions for 2026

July: For Respect of Human Life

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.
Amen



Down and Connor Diocesan Trust are seeking to recruit a 'Youth Minister', to work within Ballymena Parish, 2/4 Broughshane Road, Ballymena. Working with teams within the Family of Parishes, to align youth ministry with the broader mission of the parishes to deepening the faith of young people, focusing on their personal, social and spiritual development. 35/week, which will involve evening and weekend work. Salary: £29,000 to £31,000 gross per annum –commensurate upon experience. Closing date: Tues 21 July 2026 at 12noon Full details can be found on the Diocesan website: <http://www.downandconnor.org> or <https://www.nijobs.com/jobs/> or Community NI website. .

A Praying for a safe and blessed summer for all the children of our Parish.

Heavenly Father,
please wrap Your protective arms around our children this summer .
Guard their bodies from harm,
their minds from anxiety,
and their steps from danger.
Grant them joyful adventures,
restful days,
and the wisdom to make safe choices wherever they go.

Amen

Thank you to all staff in our schools,
for their hard work and dedication throughout the year;
we wish them and all the children an enjoyable summer break.

NATIONAL GRANDPARENTS PILGRIMAGE - 26 JULY 2026

KNOCK SHRINE

CELEBRATING WORLD DAY FOR GRANDPARENTS & THE ELDERLY

'I will never forget you' (Isaiah 49:15)



- Chief Celebrant Archbishop Eamon Martin, Primate of all Ireland
- Director of Music Una Nolan & Choirs
- Special Guest Dana Rosemary Scallon
- Anointing of the Sick in the Basilica - 2:30pm
- Holy Sacrifice of the Mass - 3:00pm
- Rosary Procession after Mass (weather permitting)
- Children's Prayer Appeal for Grandparents, send or bring prayers to the CGA office at Knock Shrine
- Plenary Indulgence granted for the occasion

**** Please organise transport with your local parish.**

THOSE UNABLE TO JOIN US IN PERSON CAN TAKE PART ONLINE AT WWW.KNOCKSHRINE.IE/WATCH
www.knockshrine.ie - Telephone: +353 (0) 94 938 8100

Abide in His Love Women's Conference.

The Great Northern Hotel, Bundoran,
20–22 November 2026.

Join women from across Ireland for a faith-filled weekend with inspiring speakers. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com/>

LOUGH DERG 

2026 Pilgrimage Season.

3 Day Pilgrimage: running until Sat 15th August (last start date: Thurs 13th August)

1 Day Retreat. August: 18th, 22nd, 23rd, 29th & 31st.

September: 5th, 6th, 9th, 12th, 19th, 20th

Themed Days. Sat 5th September - Pioneer National Pilgrimage,
6th September - Saint Carlo Acutis
Quiet Day: September 11th

Pilgrim Path: August 30th- 12km walk begins 11am, 8km walk begins 11.30am

Heritage Week : 20th August - 11.30am & 2.30pm. Booking: 353719861518 / email info@loughderg.org.

Mass cards are available from the office. £2.50 each

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group are finished for the Summer and will rejoin on Monday 7th September at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

AI-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee

